

2021 YOUTH CONFERENCE

MANIFESTING

GOOD DAYS:

BUILDING RESILIENT
COMMUNITIES



**A 5 DAY VIRTUAL YOUTH
CONFERENCE EVENT TO HEAL
AND EDUCATE ON MENTAL
HEALTH AND SUBSTANCE USE**

DATES: MAY 17-21

Registration: linktr.ee/youth_conference

****The first 100 youth to register will get a
free snack box****

MONDAY, MAY 17TH

4:00PM: Discussing The Disconnect: Youth Living Through The Pandemic.

5:00PM: Monday Mind Games: Learn about alcohol & prescription meds prevention

TUESDAY, MAY 18TH

4:00PM: Vaping...Hidden In Plain Sight: What you need to know about vaping

5:00PM: Social Media Advocacy: Gen Z Breaking Social Norms.

WEDNESDAY, MAY 19TH

3:00PM: Wednesday wisdoms: 10 myths about cannabis & nicotine

4:00PM: Mental Health is Preserved Wealth.

5:00PM: Conflict Transformation: Dealing with Crisis

THURSDAY, MAY 20TH

4:00PM: Racism is it's own Pandemic.

5:00PM: Effective Communication: How to Talk About Substance Abuse.

FRIDAY, MAY 21ST

5:00PM: Healing Seminar: Youth Advocacy in Mental Health

Manifesting Good Days

Building Resilient communities

